

R5 - Read, Retreat, Rest, Relax, Recuperate

Sunday 26th September – 1st October 2021

Please read in conjunction with all other info in your arrival pack

Sunday

From 3pm

6.30pm

7pm

arrivals

Fat Pigeon bar open

Supper

5pm

6.30pm

7pm

Community prayers

Fat Pigeon bar open

Supper

Monday to Thursday

8am

8.30

12.30pm

4pm

Community prayers

Breakfast

Lunch

Tea

Friday

8am

8.30am

10am

Community prayers

Breakfast

Last departures

Coronavirus reminders – please ...

- **Social distancing** at all times please – we're still aiming for about 1.5m
- Wear a **mask** in all shared indoor spaces except while eating or drinking
- doors & windows will be open for better air circulation – wear extra **clothing** to keep warm
 - read/follow **instructions** – we're still doing things differently
- please use the Lateral flow test provided when you get here and again Weds morning
 - wash/sanitise your **hands** regularly

... and yes we still have the no clergy shop talk House Rules too 😊

Where things happen

Breakfast in the **Long Barn** (stagger arrivals **8.30am – 9.15am** to reduce queuing)

Lunch and **supper** in the **Pound House**

Afternoon tea (with cake) in the Pound House Dining Room

Please help yourselves to hot drinks in the Long Barn guest kitchen any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box,
accessed via Reception (one way system, contactless card payments preferred)

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus
use the sign-up sheet for each service in the chapel stairwell