

## R5 - Read, Retreat, Rest, Relax, Recuperate

Sunday 14<sup>th</sup> – Friday 19<sup>th</sup> November 2021

*Please read in conjunction with all other info in your arrival pack*

### Sunday

From 3pm

6.30pm

7pm

arrivals

Fat Pigeon bar open

Supper

5pm

6.30pm

7pm

Community prayers

Fat Pigeon bar open

Supper

### Monday to Thursday

8am

8.30

12.30pm

4pm

Community prayers

Breakfast

Lunch

Tea

### Friday

8am

8.30am

10am

Community prayers

Breakfast

Last departures

### Coronavirus reminders – please ...

- **Social distancing** at all times please – we're still aiming for about 1.5m
- Wear a **mask** in all shared indoor spaces except while eating or drinking
- doors & windows will be open for better air circulation – wear extra **clothing** to keep warm
  - read/follow **instructions** – we're still doing things differently
- please use the Lateral flow test provided when you get here and again Weds morning
  - wash/sanitise your **hands** regularly

... and yes we still have the no clergy shop talk House Rules too 😊

### Where things happen

**Breakfast** in the **Long Barn** (stagger arrivals **8.30am – 9.15am** to reduce queuing)

**Lunch** and **supper** in the **Pound House**

**Afternoon tea** (with cake) in the Pound House Dining Room

Please help yourselves to hot drinks in the Long Barn guest kitchen any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box,  
**accessed via Reception** (one way system, contactless card payments preferred)

**Community Prayers** in the upstairs Chapel of Mary, Martha and Lazarus  
use the sign-up sheet for each service in the chapel stairwell