

## The Shaking Reality of Advent – led by Peter Price

Monday 29<sup>th</sup> November – Friday 3<sup>rd</sup> December 2021

### Monday

3pm – 5pm	Arrivals (office closes 5pm)
5.30pm	Orientation
6.30pm	Fat Pigeon bar open
7pm	Supper
8.15pm	Session 1 and into silence

### Tuesday and Wednesday

8.30am	Breakfast
9.45am	Morning prayer followed by Session
12.30pm	Lunch
4pm	Tea
5pm	Session
6.30pm	Fat Pigeon bar open
7pm	Supper

8.30pm Night Prayers

### Thursday

8.30am	Breakfast
9.45am	Morning prayer followed by Session
12.30pm	Lunch
4pm	Tea
5.30pm	Eucharist
6.30pm	Fat Pigeon bar open
7pm	Supper
8.30pm	Final Session

### Friday

8am	Morning Prayers
8.30am	Breakfast
10am	Final departures

*Silence will be held from Monday evening until after the Thursday afternoon Eucharist.*

*If you want a 1:1 session with Peter, choose a slot from the list on the Long Barn noticeboard.*

### Coronavirus reminders – please ...

- **1.5m** distancing at all times, indoors and out
- Wear a **mask** in all shared indoor spaces except while eating or drinking
- wash/sanitise your **hands** each time you enter/leave a communal room
- doors may be open for better air circulation – have enough **clothing** to keep warm

**Orientation**, retreat **sessions**, **morning prayers**, all in **Long Barn** sitting room.

**Night prayers** and Thursday **Eucharist** in the upstairs chapel

**Breakfast** in Long Barn **lunch and supper** in Pound House

Tea (with cake) in the **Pound House**

Self-serve hot drinks in Long Barn guest kitchen at other times

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box, accessed via Reception (contactless payments preferred)

### Facilities open – restricted numbers, use hand sanitizer,

The **Library** please keep silence and return books before you leave.

The **Art Shed** for engaging your creative imagination

The **Medieval Chapel** for private prayer

**Shop** open during office hours, normally 9am - 1pm and 2pm - 5pm.

Folders with **local walks** are available in the Boot Room and Reception.

Useful things are in the **Boot Room** between Pig Pens and Long Barn.