

R5 - Read, Retreat, Rest, Relax, Recuperate

28th May – 2nd Jun 2023

Please read in conjunction with all other info in your welcome pack

Sunday		4pm	Tea
From 3pm	Arrivals	5pm	Community prayers
6.30pm	Fat Pigeon bar open	6.30pm	Fat Pigeon bar open
7pm	Supper	7pm	Supper
Monday to Thursday		Friday	
8am	Community prayers (Weds = Eucharist)	8am	Community prayers
8.30	Breakfast	8.30am	Breakfast
9:30 -12 noon	Artist in residence	10am	Last departures
12.30pm	Lunch		

Coronavirus protections: please read the separate info sheet

... and yes we still have the no clergy shop talk House Rules too 😊

Where things happen

Breakfast in the **Long Barn**

Lunch and **supper** in the **Pound House**

Afternoon tea (with cake) in the Pound House Dining Room

Please help yourselves to hot drinks in the Long Barn guest kitchen any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box,

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus

Please wear a face mask

Artist in Residence: Charmaine will be in the Art Shed each morning and will be pleased to prompt, respond or simply work quietly alongside anyone who wants to make art.

Labyrinth session: Clare Callanan will be facilitating a labyrinth session including a group walk on Tuesday afternoon. Meet 2pm in the Long Barn sitting room.