

Sheldon Family Holiday Weeks 2023

Sunday

3pm	First arrivals
	Drinks & cake available in Long Barn until 5pm
6.30pm	Supper in marquee
8 – 9pm	Fat Pigeon open

Monday to Friday

8am	Community prayers
8.30 – 9.30	Breakfast in marquee
9.30-10am	Collect packed lunches from Long Barn
5pm	Community prayers
6.30pm	Supper in marquee [Friday 7pm BBQ]
8 – 9pm	Fat Pigeon open [From 7pm Friday]

Saturday

8am – 9am	Breakfast (earlier!) in marquee
9-10am	Collect packed lunches from Long Barn
10am	Last indoor departures
11am	Last camping departures

Please read the notes and make sure all your children know the things they need to know

Breakfast and supper will be in the marquee

We will set up two long tables and you are welcome to sit where you wish.

Breakfast

- Please make sure young children have an accompanying adult at breakfast
- Please collect drinks, juice, fruit, cereals etc from servery. Milk, spreads and preserves are on the tables. We deliver toast to you at the table.

Supper

- Please could 1 adult from each family come to the servery to collect food and a team member will assist with carrying
- If you have a previously notified special diet, or want the salad bar option (jacket potatoes, bread, preserves, salad, fruit) please collect from the servery
- Please tell us if you will be late or out for any meals.
- Children are welcome to leave the table when they wish, but please play outside the marquee
- The menu for the day will be posted on the noticeboard in the marquee.

Packed lunches

- Please bring your own containers for food and drink.
- Please send as few people as possible per family to avoid crowding
- **The Long Barn Guest Kitchen** (adjacent to the pink sitting room) is available to you for washing up picnic bits or making snacks etc. Please keep it tidy and if you leave any of your own food in the fridge label it or someone else may eat it!
Any unlabelled food in the Guest Kitchen is there for you to help yourselves – we'll try and keep it stocked with milk, bread, fruit and any tasty looking leftovers.

- **The Fat Pigeon** – licensed bar in the Great Barn Loose Box. Please take drinks through to the dining room, terrace or marquee as it is difficult to get enough fresh air into the bar for more than about a dozen people.
- We have put up a paddling/play pool in the field. **PLEASE SUPERVISE your own children in the pool.** Bare feet only please, but floor of the pool can get slippery. The ladder should be used to get in and out – no diving, no jumping. We will provide basic chlorination and filtration but if you are concerned about water quality, please let us know at reception.
- **Morning and evening prayers** are part of the Sheldon Community's regular daily pattern, held in the upstairs chapel.
- **Shop** open in Reception during office hours (9am – 4.30pm, closed for lunch)
- **Quiet spaces** – the Library, the Pound House Quiet Room and the Quiet Half of the Sheldon site (see map in your arrival pack) are all reserved for adults or older teenagers wanting quiet space.
- **The Long Barn lounge** is available for indoor communal activities. Please keep windows and doors open and HEPA filters on. The TV is under parental control and we suggest reserving it for wet days and special occasions.
- **Laundry.** You are welcome to use the washing machine in the Boot Room next to the Long Barn. If there is time to air dry please use the ceiling airers. If a change of bed linen is needed please just ask for a new set at Reception
- **The Art Shed** is available for creative activity from 2pm daily (reserved for private retreatants in the mornings). Please could parents accompany children and do appropriate clearing up after your creative exploits.
- Please **bring some outdoor games and toys** with you
- We anticipate running **all-age activities** on **two evenings** during the week – we will decide which days depending on the weather and post full details in the marquee

Covid-19 protections

Yes we still think Covid is definitely worth not catching, not catching again, not passing on. All main rooms have CO2 monitors – if the reading goes above 650 please open another window. Members of our team will probably be wearing masks when serving in close quarters (meals, bar, reception). The only time we specifically ask you to mask is if you want to join us for chapel. Obviously we support anyone who wants to wear a mask at any other time. If anyone has **ANY new symptoms** during the week please keep the team informed (01647-253914) and also use the lateral flow tests provided in the Long Barn.

We hope you have a wonderful Sheldon holiday.
Please do ask if there is anything you need.