

Earth Matters : Bodily Being – Carla Grosch-Miller

15th – 19th April 2024

Mon

3pm – 5pm Arrivals
(office closes 5pm)
5.30pm Orientation
6.30pm Fat Pigeon bar open
7pm Supper
8.15pm Session 1 and into silence

Tues, Wed, Thu

8am Community prayers
8.30am Breakfast
10am Session
12.30pm Lunch

4pm Tea
5pm Session
6.30pm Fat Pigeon bar open
7pm Supper
8pm [Eucharist – Thurs only]
8.30pm Night prayer

Friday

8am Morning Prayers
8.30am Breakfast
10am Final departures

*Silence will be held from Monday evening until after Morning Prayer on Friday
If you would like to have a 1:1 session with Carla, use the signup sheet in the Long Barn*

Covid-19 protections – please see separate sheet

Community prayers and **Night Prayers** and **Thurs Eucharist** are in the upstairs chapel
Please wear a mask/face covering in chapel

Orientation and retreat **sessions** in **Long Barn** sitting room.

All meals in the **Pound House**

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box