

Charting a Course through Change

Sheldon, 2nd – 6th June 2025

Monday 2nd

3pm-5pm	Arrivals
5.30pm	Welcome and Orientation
6.30pm	Fat Pigeon open
7pm	Supper
8.15pm	Session 1 Introduction: 'Stormy Waters'
	Move into silence

Tuesday 3rd

8am	Community Morning Prayer
8.30am	Breakfast
9.30-10.15am	Session 2 'A Celtic perspective'
10.30am	Coffee Break
12.30pm	Lunch
4pm	Tea
4.30-5.15pm	Session 3 'Changing, growing'
5.30-6.30pm	Gathering time (optional)
6.30pm	Fat Pigeon open
7pm	Supper
8.30pm	Night Prayer

Wed 4th

8am	Community Morning Prayer
8.30am	Breakfast
9.30-10.15am	Session 4 'Practical navigation'
10.30am	Coffee Break
12.30pm	Lunch
4pm	Tea
4.30-5.15pm	Session 5 'A world in turmoil'
5.30-6.30pm	Gathering time (optional)
6.30pm	Fat Pigeon open
7pm	Supper
8.30pm	Night Prayer

Thurs 5th

8am	Community Morning Prayer
8.30am	Breakfast
9.30-10.15am	Session 6 'Blessing and Curse'
10.30am	Coffee Break
12.30pm	Lunch
4pm	Tea
4.30-5.15pm	Session 7 'The Big Transition'
5.30-6.30pm	Gathering time (optional)
6.30pm	Silence ends, Fat Pigeon open
7pm	Supper
8.30pm	Eucharist

Friday 6th

8am	Community Morning Prayer
8.30am	Breakfast
10am	Last departures

Silence will be held from Monday evening until Thursday when the bar opens

Please read this timetable in conjunction with other details in your welcome pack

- Site map and shared facilities
- Covid Protections

And remember our 'no clergy shop talk' house rule

Orientation and retreat **sessions** all in **Long Barn** sitting room.

Morning, Night prayers and Eucharist in upstairs chapel

Breakfast, Lunch, tea and supper in the **Pound House**

Self-serve hot drinks in Long Barn guest kitchen at any other times

The **Fat Pigeon** is Sheldon's licensed bar accessed from dining room lobby