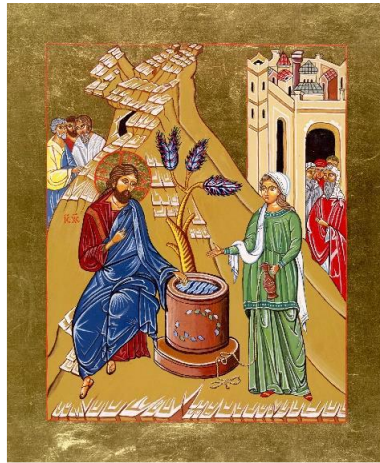


A Quiet Day with the Retreat Association icon

At Sheldon Retreat Weds 1st October 2025



Reflecting on the story of the Samaritan Woman at the Well

Led by Alison MacTier, Director of the Retreat Association

From 9.30am	Refreshments
10am	Welcome/orientation
10.15am	Session : arriving at the Well
11.45am	Session : What do I seek at the Well?
12.45pm	Lunch
2pm	Session : A vessel for the water of life
3.30pm	A time of reflection at the Well
4pm	Tea and depart

In reflection times between sessions participants are welcome to use the chapels and library and walk in the Sheldon grounds

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