

Real & colourful : fruitful and whole

Retreat led by Brian Draper

6th – 10th October 2025

Mon

3pm – 5pm Arrivals
(office closes 5pm)
5.30pm Orientation
6.30pm Fat Pigeon bar open
7pm Supper
8.15pm Session 1 and into silence

Tues, Wed, Thu

8am Community prayers
8.30am Breakfast

9.45am Session
12.30pm Lunch
4pm Outdoor session
6.30pm Fat Pigeon bar open
7pm Supper
8.30pm Hush - prayer & reflections

Friday

8am Morning Prayers
8.30am Breakfast
10am Final departures

Silence will be held from Monday evening until after Morning Prayer on Friday

Covid-19 protections – please see separate sheet

Orientation, and morning **sessions** and Hush in the Long Barn sitting room

Afternoon sessions mostly outdoors, tbc (eg walk, labyrinth, etc)

Community prayers are in the upstairs Chapel
(please wear a mask if you would like to join the Community's daily office)

All meals in the Pound House

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box