

Through the Door of Hope – Christopher Chapman

20th – 24th April 2026

Mon

3pm – 5pm Arrivals
(office closes 5pm)
5.30pm Orientation
6.30pm Fat Pigeon bar open
7pm Supper
8.15pm Session 1 and into silence

Tues, Wed, Thu

8am Morning prayers
8.30am Breakfast
10am Session

12.30pm Lunch
4pm Tea
5pm Session
6.30pm Fat Pigeon bar open
7pm Supper
8pm Reflecting on the day

Friday

8am Morning Prayers
8.30am Breakfast
10am Final departures

Silence will be held from Monday evening until after Morning Prayer on Friday

Each day will begin with simple, reflective morning prayers drawing on scripture, the insights of Christian spiritual writers, and poetry.

*If you would like to have a 1:1 session with Christopher, use the signup sheet
Reflecting on the day will be a time of drawing together themes and insights from the day
and resting them with God.*

Please read separate sheet with regard to our ongoing protections against Covid and other airborne illnesses – we'd like everyone to stay healthy.

Orientation, retreat **sessions** and **prayers** and **reflections** all in **Long Barn** sitting room.

All meals in the **Pound House**

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box