

R5 - Read, Retreat, Rest, Relax, Recuperate

20th – 25th September 2026

Please read in conjunction with all other info in your welcome pack

Sunday		5pm	Community prayers
From 3pm	Arrivals	6.30pm	Fat Pigeon bar open
6.30pm	Fat Pigeon bar open	7pm	Supper
7pm	Supper		
Monday to Thursday		Friday	
8am	Community prayers (Weds Eucharist)	8am	Community prayers
8.30	Breakfast	8.30am	Breakfast
12.30pm	Lunch	10am	Last departures
4pm	Tea		

Where things happen

All meals plus afternoon tea (with cake) in the Pound House Dining Room
Please help yourselves to refreshments in the Long Barn guest kitchen or Pound House dining rooms drinks area at any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus
Please wear a face mask if you join us for Community prayers (available in chapel)

Artist in residence – Sue Ashby will be in the Art Shed 9.30am – 12noon each day, assisted by Kerry, with ideas and encouragement.

Some people may want more space for personal creativity, and some may enjoy the sociability of shared endeavour. There will be respect and space for both, and Wednesday morning will be a silent morning in the Art Shed.

Covid protections: please read the separate info sheet
and yes, we still have the no clergy shop talk House Rules too 😊