

Seeing with the Eye of the Heart led by Steve Radley

5th – 9th October

Monday

3pm – 5pm Arrivals (5pm latest)

5.30pm Orientation

6.30pm Fat Pigeon bar open

7pm Supper

8:15pm Opening reflection

3:30 – 4.30pm

Meet Steve to print your image of the day or email:

pictures@soulfulvision.uk

5.45pm

Echoes of the Day – share reflections

6.30pm

Fat Pigeon bar open

7pm

Supper

8:15pm

Visio Divina with images and shared reflection

Tuesday to Thursday

8am Community prayers

8.30am Breakfast

9:30am Reflection on theme

Personal photography and Steve available for

1:1 pastoral conversations

12.30pm Lunch

2:00pm Photography prayer walk

Friday

8am Community prayers

8.30am Breakfast

10am Final departures

Silence will be held from after the evening session on Mon, Tue, Wed until lunch time the following day

Where things happen

All retreat sessions/prayers/etc in Long Barn sitting room.

All meals in the Pound House

Tea and coffee will be available on a self-service basis in the Long Barn

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box

Community prayers in the upstairs chapel – please wear a face mask if you join us.

Please bring with you

A notepad & pen. A camera you enjoy using.

Suitable clothing and footwear for daily walks with your camera around the Sheldon site – boots and waterproofs in case it's wet

... and please remember our house rules including 'no clergy shop talk' – thanks

... and see separate sheet for protections from Covid (and other infections)