R5 - Read, Retreat, Rest, Relax, Recuperate

22nd – 27th November 2026

Please read in conjunction with all other info in your welcome pack

Sunday

From 3pm	Arrivals
6.30pm	Fat Pigeon bar open
7pm	Supper

Monday to Thursday

8am	Community prayers (Weds Eucharist)
8.30	Breakfast
12.30pm	Lunch
4pm	Tea
5pm	Community prayers
6.30pm	Fat Pigeon bar open
7pm	Supper

Friday

8am	Community prayers
8.30am	Breakfast
10am	Last departures

Where things happen

All meals plus **afternoon tea** (with cake) in the Pound House Dining Room
Please help yourselves to refreshments in the Long Barn guest kitchen or Pound House dining rooms drinks area at any other time

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus
Please wear a face mask if you join us for Community prayers (available in chapel)

Artist in residence – Sue Ashby will be in the Art Shed 9.30am – 12noon each day with ideas and encouragement to explore with.
Some people may want more space for personal creativity, and some may enjoy the sociability of shared endeavour. There will be respect and space for both, and Wednesday morning will be a silent morning in the Art Shed.

There will be a **Labyrinth facilitation** by Clare Callanan on one afternoon, starting 2pm in the Long Barn. We will pick the best day from the available weather forecast.

Covid protections: please read the separate info sheet

and yes, we still have the no clergy shop talk House Rules too ☺